

LUNCH MENU

WEEK 1

Monday

Korean Chicken Noodles
Vegetable Fajita (v)
Potatoes
Vegetables or Fresh Salad

Bannoffee Pie

Tuesday

Latin American Beef Stew
Mac & Cheese (v)
Potatoes
Wholegrain Rice
Vegetables or Fresh Salad

Chocolate & Strawberry Pinwheel

Wednesday

Chef's Choice
Roast Lunch
Tortilla Flan (v)
Roast & Boiled Potatoes
Fresh Seasonal Vegetables
Gravy & Accompaniments

Chef's Choice
Hot Pudding with Custard
Key Lime Pie

Thursday

Caribbean Chicken
Vegetable Pasta Bake (v)
Potatoes
Vegetables or Fresh Salad

Toffee Apple Cheesecake

Friday

Battered or Breaded Fish
Wholewheat Pizza (v)
Chips or Baked Potato
Vegetables
or Fresh Salad

Chef's Choice
Hot Pudding with Custard
Chocolate Brownie
Eaton Mess

WEEK 2

Monday

Lebanese Chicken with Cous Cous
Quorn Balls
in Tomato Sauce (v)
Potatoes, Cous Cous
Vegetables or Fresh Salad

Lemon & Lime Cheesecake

Tuesday

Beef Lasagne with Garlic Bread
Quorn & Veggie
Chow Mein (v)
Potatoes
Vegetables or Fresh Salad

Fruit Topped Waffle with Chocolate Sauce

Wednesday

Chef's Choice
Roast Lunch
Roast Veg
Pasta Bake (v)
Roast & Boiled Potatoes
Fresh Seasonal Vegetables
Gravy & Accompaniments

Chef's Choice
Hot Pudding with Custard
Raspberry Eaton Mess

Thursday

Smokey BBQ Casserole
Hand Baked Quiche (v)
Potatoes
Vegetables or Fresh Salad

Chocolate & Strawberry Pinwheel

Friday

Battered or Breaded Fish
Wholewheat Pizza (v)
Chips or Baked Potato
Vegetables
or Fresh Salad

Apple Crumble Pot

WEEK 3

Monday

Sweet & Sour Chicken with Prawn Crackers
Vegetable Tagine (v)
Rice or Noodles
Potatoes
Vegetables or Fresh Salad

Fruit Topped Waffle with Toffee Sauce

Tuesday

Meatballs in Tomato Sauce
Green Thai Vegetable Curry (v)
Rice, Potatoes
Vegetables or Fresh Salad

Cinnamon Apple Pot

Wednesday

Chef's Choice
Roast Lunch
Vegetable Tart (v)
Roast & Boiled Potatoes
Fresh Seasonal Vegetables
Gravy & Accompaniments

Chef's Choice
Hot Pudding with Custard
Mixed Berry Pot

Thursday

Pasta Bolognese
Vegetable Fajita (v)
Potatoes
Pasta
Vegetables or Fresh Salad

Peach Melba Cheesecake

Friday

Battered or Breaded Fish
Wholewheat Pizza (v)
Chips or Baked Potato
Vegetables
or Fresh Salad

Chocolate & Strawberry Pinwheel

GOOD FOOD TO GO...

Sandwiches
Rolls
Wraps & Baguettes
Pasta Pots
Curry Pots
Paninis
Mexican Burrito's
Hot Dogs
Pizzas
Boxed Meals
Salads
& Baked Potatoes

See Counter for Daily Choices!

A Selection of
Fresh Fruit, Yoghurts,
Hand Baked Cookies
Cakes and Muffins
+ Chilled Drinks
Available Daily!